

Tiddly Winks Newsletter

January 2024



Dear Parents and Carers,

Welcome to our January Newsletter, and as always, we would like to welcome our new families who have recently joined us.

We are looking forward to another exciting and fun filled month! To find out more, please read on...

All the best

Louise and Amelia

Tiddly Winks Fundraising week for M.R.C. Millie's World

The week commencing 26th February we will be holding a fundraising week across the nursery in a bid to raise money for our chosen charity M.R.C Millie's World. This charity is very close to our hearts, we looked after Millie's older brother and sister as well as Millie and her twin. We have a long standing relationship with the family and want to support them in any way that we can. We will be organizing fun and exciting activities for the children and families to participate in, including:

- Name the bear
- Guess how many jars
- Wear the colours blue or purple day
 - Raffle
 - Cake sale

We will be asking for a small cash donation for each activity.

Together as a staff team we will be doing a sponsored walk to raise money for M.R.C Millie's World on Sunday 3rd March! We are definitely not 'walkers' but we plan to hike the Red route at Box hill, wish us luck! Please feel free to sponsor us, a sponsor form can be found on the parent notice boards outside Little Oaks and at the top of Pre-schools stairs. We have set ourselves a target of £500 and hope that this can be achieved with donations from our 100 families and our staff team 😊

To find out more information about our chosen charity please read on.....



Millie is aged 1 from Redhill. Our Princess Warrior was born at 29 weeks with her twin sister Macy. They were both in NICU getting stronger every day to come home to where their two older siblings were eagerly waiting. Unfortunately, at 8 weeks old, Millie required a simple procedure due to Hydrocephalus which went ahead at St George's hospital Jan 2022. The operation went well and she started to recover.

A few days later Millie became extremely unwell and they found she had caught an E.Coli infection from the hospital which had travelled to her brain. The E.Coli caused meningitis and cranial cysts as her tiny body tried to fight off the infection. She continued to fight for 5 months in and out of ICU and HDU inspiring our family everyday to keep going.

Dates for the diary

W/C 5th- 11th February- Children's world mental health week

13th February- Shrove Tuesday

14th February- Valentines Day

17th February- Random act of kindness day

21st February- International mother language day

24th February- Chinese lantern festival day

Parent messages

Water bottles- This is a gentle reminder, for when you bring in your child's water bottles, please can these be filled with water only and no juice. Thank you.

Nuts- Due to a high amount of severe anaphylactic nut allergies throughout the nursery. We no longer have foods that contain nuts served to the children. Please **do not** bring any foods into the building that contain nuts.



Tiddly Winks Nursery

In her first 1.5 years of life Millie has had 21 brain surgeries, 21 times putting her life at risk, 21 times risking new infections and 21 times of Millie being a Princess Warrior. Due to brain damage from the E.Coli infection she has been left with visual impairment, Cerebral Palsy and cranial cysts.

Millie deserves the world and anything it will take to get a small percent of what she would have had without the infection. This will involve physio, ground breaking therapies, adjusted everyday living, sensory and medical equipment and possible overseas corrective surgeries. The NHS has been fantastic so far in her journey however most cannot be accessed in this country or via the NHS. Unfortunately, home therapy, conductive education sessions, and NHS physiotherapy alone are just not enough to get Millie moving.

Children's Mental Health week 2024

We are pleased to be taking part in Children's Mental Health week 2024 the W/C 5th February. This year's theme is 'my voice matters', this is all about empowering children by providing them with the tools they need to express themselves.

Pancake Day

We will be cooking up a variety of delicious pancakes in celebration of Pancake Day this month, this is always a very popular celebration at Tiddly Winks! The children will be able to choose their own healthy toppings and take part in pancake races.

Funding as of April 2024

Please check your emails for an update regarding funding for 2 year-olds which was sent via the parent admin app earlier this week.

Staff updates

Some of the Acorns parents may have noticed that the lovely **Jade H** from Little Oaks has been spending more time with the babies and has decided to make this a permanent move.

We are pleased to announce that **Rebecca** has joined our staff team and will be spending time working with all the age groups across the nursery before being eventually based in our Pre-School room.

Dish of the month- Banana pancakes



Ingredients:

- Ripe Bananas.
- Eggs.
- Milk.
- Flour
- baking powder

Recipe:

- To prepare the pancakes, puree the bananas with a potato masher or fork until smooth. Add milk
- Add the eggs and whisk the mixture.
- Add flour, baking powder, and baking soda.
- Mix the batter gently and if the mixture looks too thin, add a little extra flour. Heat up a non-stick pan on a medium heat. Using $\frac{1}{3}$ cup as a measure, scoop the batter onto the pan
- In about 1 minute you should see some bubbles appear. Flip the pancake over and fry for another minute. Repeat this step with the remaining batter. You should have 6 pancakes.



DSL - Your nursery Designated Safeguarding Lead is Louise . We would like to share with you our confidential email address to forward any safeguarding concerns you may have - dsl@tiddly-winks-nursery.co.uk

Policy of the month

Our policy folder is available in the front entrance for all parents and visitors to look through.

In addition, this month, we will be refreshing ourselves with our '**Mobile phone and electronic device**' policy which is attached to this newsletter.

Makaton sign of the month



Tiddly Winks Nursery