

Tiddly Winks Newsletter

July 2023



Dear Parents and Carers,

Welcome to our July newsletter! We are delighted to share another month of celebrations at Tiddly Winks Nursery, which has been filled with lots of fun-packed activities. The children have had another busy month celebrating Father's Day, Healthy Eating Week and Eid.

We have some exciting times ahead, including our Beach Party Week and our Preschool Graduation festivities. We will be so sad to see our Preschoolers leave us over the summer months, but we wish them all the best of lucks in their next journeys to 'Big School'.

To find out more, please read on...

All the best,
Louise & Georgia

Healthy Eating Week

As part of our Healthy Eating Week, the children learned about what foods keep us healthy and what foods we shouldn't eat too much of! The children loved making their own fruit kebabs. It was a fantastic opportunity to use one handed tools to cut and slice the different fruits, discuss their colour, smell and texture and shape!

Father's Day

Thank you for all of the lovely comments we have received in relation to the Father's Day Breakfast we hosted last month and the gifts made by your children - they certainly enjoy creating them for you. It was great to catch up with so many of you at the breakfast morning.

International Yoga Day

As many of you will know, we are big Yoga fans at Tiddly Winks so we couldn't wait to embrace International Yoga Day. The children loved stretching and joining in with the yoga poses followed by a mindfulness session.

Funding for 9 months, 2- & 3-year old's

As you will all be aware, there has recently been a lot of publicity around the funded hours, and how the Government plans to expand the schemes to include two-year-olds from April 2024, and then children aged under two from September 2024. As a nursery, we give our full support to any plans that will help working families and make childcare accessible to all. Thus far, the information we have received from the local authority has been limited as they are still awaiting details from the government. As soon as we receive an update, we will forward this on to our families. In the interim, following a consultation with the local authority we have now finalised our funding offer for three-year olds from September 2023. Information about how funding works at Tiddly Winks has been attached along with this newsletter.

Dates for the diary

14th July - School leavers graduation 3-5 pm

W/C 31st July - Beach party week

Parent messages

Availability - We are humbled to be almost at full capacity until September 2024. We have a limited number of Monday and Friday sessions available should you wish to book an additional space for your child in the next 12 months.

DSL - Your nursery Designated Safeguarding Lead's are Louise and Georgia. We would like to share with you our confidential email address to forward any safeguarding concerns you may have - dsl@tiddly-winks-nursery.co.uk



Tiddly Winks Nursery



Staff updates

We hope you will join us in wishing the best of luck to **Dani** as the time has come for her to move on to a new career path. Having recently completed a qualification in digital marketing, **Dani** is very excited to be starting a new role as an account executive. Dani has been with us since 2021 and has worked across all of the age groups, building bonds with so many of the children as well as managing our Instagram page! Dani will be so missed by all of us. Her last day will be Thursday 13th July.

Some of you may have recognised a familiar face around the nursery...**Amy** is back! Amy was a long-standing member of the Tiddly Team who left in 2020 to pursue a career in nannying. Amy is now back with us over the summer period and is especially enjoying getting to spend time with the children who were once her babies in the Acorns room!

We are excited to announce that **Georgia** is expecting a baby boy in November this year! Her daughter, Violet, is very excited to be a big sister. Georgia is planning to take her maternity leave at the start of November and will be back in Summer 2024.

Dish of the month - Baked chicken goujons

Ingredients

- 125g/4½oz fresh fine breadcrumbs
- ½ tsp cayenne pepper (optional)
- salt and pepper, to taste
- 4 boneless and skinless chicken breasts, cut into strips
- 50g/2oz plain flour
- 3 medium free-range eggs, beaten
- 2 tbsp vegetable oil

Method

1. Preheat the oven to 190C/375F/Gas 5. Oil two baking trays with vegetable oil.
2. Mix the breadcrumbs, cayenne pepper in a shallow bowl. Season, to taste, with salt and freshly ground black pepper. Place the flour in another shallow bowl.
3. Dip the chicken pieces in plain flour, then in the beaten egg and finally coat in the breadcrumbs. Shake off the excess and lay the chicken goujons on the oiled baking tray. (The process is easier if you keep one hand clean of egg for dipping the chicken in the flour and breadcrumbs.)
4. Drizzle the goujons all over with more of the vegetable oil. Bake in the oven for 20-30 minutes, turning once. Remove from the oven when completely cooked through and golden-brown all over.
5. Serve the goujons with ketchup, barbecue sauce or in a soft white roll.

Policy of the month

Our policy folder is available in the front entrance for all parents and visitors to look through.

In addition, this month, we will be refreshing ourselves with our '**Gun & Superhero play**' policy which is attached to this newsletter.

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